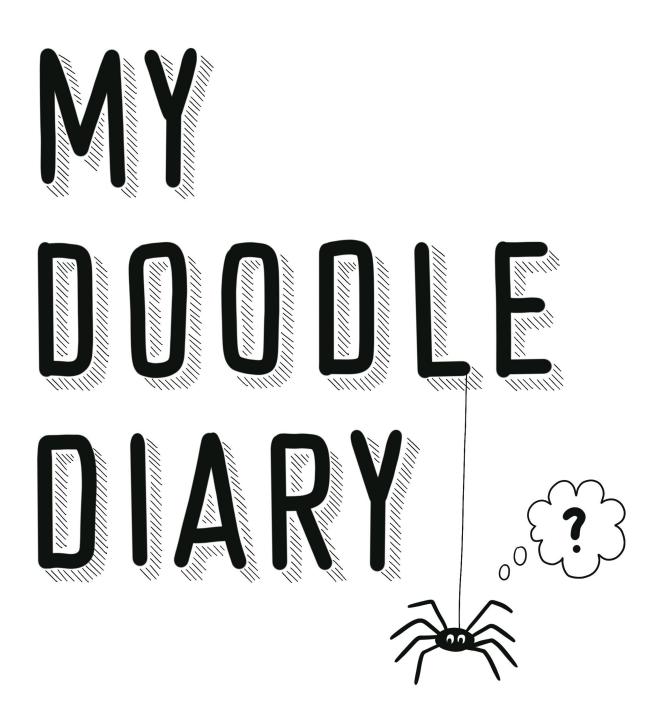
28 DAYS OF DOODLING FOR ALL AGES



clear the creative cobwebs during lockdown...

@CHARLIANNEDESIGNS

Well, this is a strange time isn't it? Suddenly we're all stuck indoors and desperately trying to find stuff to keep us occupied!

So, I've created My Doodle Diary as a simple and fun way to escape the boredom and let your imagination out of quarantine!

Each day you get a theme for your doodle, so you can keep it super simple, or go as crazy as you want! This is NOT about becoming the next Picasso, it IS about expressing yourself!

It's designed for all the family to enjoy; a chance for some laughter and the perfect activity for helping to keep your mental health in check. Studies show, that creating and looking at art can reduce cortisol, the "stress hormone".

So, print one off for each member of your household and get doodling!

#MYDOODLEDIARY2020

Share your doodles on Instagram with the hashtag and I'll post in my stories!

@CHARLIANNEDESIGNS



Day 1 SANDLUCII	Dava El MilEbs
Day 1 SANDWICH	Day 2 FLOWERS
Day 3 SUNSHINE	Day 4 BIRD

Creativity is intelligence having fun

ALBERT EINSTEIN

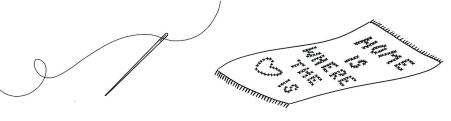
Day 5 TREE	Day 6 BISCUITS
	Day 9 CAT
Day 7 BICYCLE	Day 8 CAT

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Day 9 BOOK	Day 10 LADYBIRD
Day 11 SOCKS	Day 12 BATH

The creative adult is the child who survived URSULA LEGUIN

Day 13	LAMP	Day 14	CHEESE
Day 15	BUBBLES	Day 16	BED



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Day 17	BUTTERFLY	Day 18	SPOON
Day 19	LETTER	Day 20	HAIR
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The best way out is always through ROBERT FROST



Day 21 UMBRELLA

Day 22 CAKE

Day 23 BOAT	Day 24 GUITAR

We don't see things as they are. We see them as we are. ANAISNIN



Day 25	CAMP	FIRE
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Day 26 GIRAFFE

Day 27 GLASSES

Day 28 RAINBOW

Start where you are. Use what you have. Do what you can.

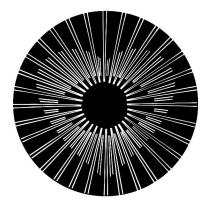
ARTHUR ASHE

If you enjoyed that, please tell your friends to head to www.mydoodlediary.com and download themselves a copy!

#MYDOODLEDIARY2020

Share your doodles on Instagram with the hashtag and I'll post in my stories!

@CHARLIANNEDESIGNS



Charli Anne Designs

www.charliannedesigns.co.uk